

POCOMOKE SENIOR CENTER, September 2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|--|--|---|---|---|-----------------|
| | 9-Coffee & Chat 10-Exercise DVD 12-Bingo Club 12:30-Games | 9-Coffee & Chat 10-Exercise 11-Games 12:30-Crafting | 9-Coffee & Chat 10-Exercise 11-Bible Study 12-Bingo Club | 9-Coffee & Chat 10-Exercise 11-Prize Bingo 12:30-Games | Open 9-1 Self-Directed Activities & Bingo Club | |
| | | | | | Closed | |
| 3 | Closed Labor Day | 10-Blood Pressure Checks | | Trip Ward Museum, Center pays entry fee & Bus \$4 Leave at 9 | | |
| 10 | 11-"Vitamins & Minerals" Karla 12:30-Early bus | 9:30-Committee Meeting | | | | |
| 17 | 10-"Dealing with Stress" Dr. Garner | 10:30-Pink Ribbon Craft | | | | |
| 24 | | | | | | |

Open 9-3:30 Monday through Thursday, Lunch Served at 12

For More Information Call 410-957-0391