

SNOW HILL SENIOR CENTER - September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	1	Saturday	2
	10-Coffee & Chat 10:30-Exercise DVD 11-Games 12:30-Bingo	9-Senior Fitness 10-Coffee & Chat 10:30 Exercise DVD 11-Games 12:30-Games	10-Coffee & Chat 10:30-Exercise DVD 11-Games 12:30-Games	9-Senior Fitness 10-Coffee & Chat 10:30-Exercise DVD 11-Games 12:30-Games				
3	4	5	6	7	8	9		
		10:15-Center Meeting 11-Bridge Club 4:45-Yoga		11-Bible Study, Rev. Bratten, WAMDS 4:45-Yoga	Trip Suicide Bridge \$49 All Inclusive, Bus leaves at 10:30			
10	11	12	13	14	15	16		
		11-"Age Awareness" Home Instead 4:45-Yoga	10:30-Pink Ribbon Craft for Women Supporting Women by Nancy	4:45-Yoga				
17	18	19	20	21	22	23		
		11-Bridge Club 4:45-Yoga	11-"Emergency Preparedness" Tom Kane	11-Bible Study, Rev. Bratten, WAMDS 4:45-Yoga				
24	25	26	27	28	29	30		
		10-Blood Pressure Check, Peninsula Home Care 12:30-Senior Education, SU Students 4:45-Yoga	12:30-Birthday Celebration	12:30-Senior Education, SU Students 4:45-Yoga				

Open 9-3:30 Monday through Thursday, Lunch Served at 12

For More Information Call 410-632-3583

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